



CORE STANDARDS FOR TEETH TEAM

TOOTH BRUSHING PROGRAMME

Tooth brushing in a dry area

1. The supervisor or child is responsible for collecting the toothbrush from the storage system.
2. The supervisor should wash their hands before and after the toothbrushing session and cover any cuts abrasions or breaks in the skin with a waterproof dressing to prevent cross infection.
3. An unfolded disposable paper towel is placed on the desk in front of the child and a pea sized amount of toothpaste is dispensed onto the paper towel by the supervisor.
4. Children may be seated or standing whilst toothbrushing takes place.
5. After toothbrushing is completed, children can wipe away excess toothpaste into the disposable paper towel.
6. Tissues/paper towels must be disposed of immediately after use in a refuse bag.
7. Toothbrushes can either be:
 - a) returned to the storage system by each child and taken to an identified sink area by the supervisor
 - b) rinsed at a designated sink area where each child is responsible for rinsing their own toothbrush under running water.
8. After rinsing of the toothbrushes is complete, the child or the supervisor is responsible for shaking off excess water into the sink. Toothbrushes should not come into contact with the sink or tap.
9. Toothbrushes should be rinsed straight away. The toothpaste should not be allowed to dry on the brush.
10. Toothbrushes are only to be rinsed under taps that meet drinking water standards.
11. Toothbrushes are returned to the storage system by the supervisor or child and allowed to air dry.
12. Disposable paper towels/mediwipes should be used to mop up any visible drips on the storage system and the storage systems cleaned once a week, by staff, using warm water and household detergent and air dried.
13. The storage systems should not be placed directly beside where toothbrushing takes place or beside the toilet area to avoid contamination via aerosol spread.
14. Supervisors are responsible for cleaning sinks with neutral detergent or wipes after toothbrushing is completed.
15. Toothbrushes do not need to be soaked in Milton or other cleaner/disinfectant.
16. Supervision must be present at all times.
17. Local monitoring of tooth brushing programme will take place at least once every term, this will involve an observation of the toothbrushing session and to obtain feedback from staff involved in the programme.